

**45TH ANNUAL
BCANY FALL CLINIC**



**SUNY Cortland
October 8-9**



Welcome to the 45th Annual BCANY Fall Clinic

There was nothing quite like the night before the first day of practice - the anticipation, the energy, the excitement of starting fresh. That feeling of getting back to what we love: coaching, mentoring, and building lifelong relationships with young athletes. Watching them walk into the gym, just as eager as you are to be part of something bigger than themselves - a TEAM.

Your presence here over the next two days speaks volumes. It shows that same passion still burns in you, just as it did in me. And this year, we believe BCANY has truly knocked it out of the park. We've assembled an **exceptional lineup of coaches** who are ready to share not only the X's and O's, but also the core values and philosophies that drive their programs forward.

You'll hear from speakers who once sat in the same bleachers as you; coaches who've grown into leadership roles but never lost sight of the vital impact that middle and high school coaches have in shaping young lives and school communities.

We're grateful you chose to spend your time with us. We know there are many places you could be, and we're confident these two days will be a powerful springboard into your season - no matter if this is your rookie season or you are a coaching lifer.

Enjoy the 2026 BCANY Basketball Coaches Clinic! Let's learn, connect, and grow - together.

Larry Jones

Larry Jones

Assistant Executive Director

Sectio VI Representative

Basketball Coaches Association of NY, Inc.



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www.BCANY.org



Basketball Coaches Association of
New York (BCANY)



THE G.O.A.T.



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BCANY General Information:

BCANY is a service, advocacy, and professional development organization comprised of basketball coaches of all scholastic and collegiate levels from throughout the entire state. Also included as associate members are students, officials, and fans. BCANY is the only organization that exists specifically for basketball coaches in New York State. BCANY takes a leadership role in providing professional development opportunities for coaches and in positively promoting our game. BCANY is an advocate and watch dog for our coaches, players, and game. We try to use our influence to positively improve basketball in our state.

BCANY Vision Statement – Where we want to be

To be a leading state basketball coaches association, concerning membership numbers, activities and services provided.

BCANY Mission Statement – Why we exist

The Basketball Coaches Association of New York, Inc. exists to promote the sport of basketball statewide at all levels. Further, it seeks to improve the quality of coaching, foster friendship, and statewide interaction among basketball coaches. BCANY is a champion for The Coach - The Players - The Game in New York State.

BCANY is a Service Organization – We provide service

The Basketball Coaches Association of New York, Inc. is a service organization. The Board of Directors affirms that by far the best reason for joining BCANY is to provide service to fellow coaches, players, and the game of basketball in general.

BCANY Structure – How we are organized

1. A Constitution, By-Laws and an operation plan are in place.
2. The BCANY Board of Directors consists of Boys & Girls high school coaches from each NYSPHSAA section, NYC Public, Private and Catholic schools. Also, Men's and Women's coaches at Division I, II, III and Junior College levels.
3. BCANY is designated as a 501.c.3. organization by the IRS

BCANY Officers

President – Gregg Flynn, Lindenhurst HS, Section XI

1st Vice President – TBD

Secretary – Tim Lamay, Malone HS, Section X

Past President – Kevin Metcalf, North Rockland HS, Section I

Executive Director – Dave Archer, Section IV

Associate Executive Director – Chris Russo, Monticello HS, Section IX

Assistant Executive Directors - Ben Nelson, Section IV & Larry Jones, Section VI

BCANY.org & Social Media

Please visit our website, www.BCANY.org, to learn more about BCANY. On the website you will find information about membership, how to nominate teams and individuals for all BCANY awards, professional development, and more. Keep up with BCANY activities and events – like and follow us on Instagram, Facebook, and X (Twitter).

**Please join us at the The Rock Sports Bar and Grill for our
Coaches' Social / Vendor Meet & Greet,
sponsored by VERTICAL RAISE.**

**120 Main St. - Cortland
10/08/26 - 9:30pm**



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45th Annual Fall Clinic Schedule

October 8-9, SUNY Cortland

Thursday		
Time	Presenter	Topic
6:00pm	Registration	
6:30-7:15pm	Colleen Ames & SUNY Cortland Women's Basketball	Cortland WBB Pre-season Practice
7:20-8:05	Maurice Kearney & SUNY Cortland Men's Basketball	Cortland MBB Pre-season Practice
8:10-8:15	Vendor Presentation – Shoot-A-Way	
8:15-9:00	Ben Drake Jamestown HS – BCANY HOF 2026	Match-up Zone Defense
9:30-11:00	Coaches' Social and Vendor Meet & Greet – The Rock Sponsored by VerticalRaise	

Friday		
Time	Presenter	Topic
9:00am	Registration / Continental Breakfast	
9:25-9:30	Vendor Presentation – BSN Sports	
9:30-10:20	Matt Langel Colgate University Men's Basketball	Favorite Drills Practice Drills at Colgate
10:20-10:25	Vendor Presentation – Anova Sports	
10:25-11:15	Ryan Pettit Columbia Prep HS Boys Basketball	Score more Points – Win More Games: Columbia Prep's High Octane Offense
11:15-11:20	Vendor Presentation – GOAT Basketball	
11:20-11:35	Break / Vendor Walk (your chance to connect w/ our vendors) Light Refreshments available	
11:35am-12:10pm	“Quick Hitters” – Breakout Session 1 (See below for speakers/topics)	
12:10-12:50	“Quick Hitters” – Breakout Session 2 (See below for speakers/topics)	
12:55-1:45	Sierra Beaver Frewsburg HS Girls Basketball	Transition Drills for Offense and Defense

Quick Hitters

Session	Time	Location #1 Main Court	Location #2 Hall of Fame Room	Location #3 Classroom
# 1	11:35am - 12:10pm	Jon Connelly Westhill HS Boys BCANY Class A COY "Defensive Philosophy"	Ty Carver Mamaroneck HS Boys BCANY Class AA COY "Drills and Skills – Mamaroneck Practice Drills"	Mike Curtis Chenango Forks HS Girls BCANY Class B COY "Practice Planning & Man-to-Man Defensive Drills"
# 2	12:15pm - 12:50pm	Matt Jones Hoops Strength "Post Play For the Modern Forward"	Riley Chevrier Tappan Zee HS Girls BCANY Class A COY "Our 'Need a Bucket' Plays: Man, Zone, BLOB/SLOB, & End of Game"	



THE GOAT.





Membership	BCANY Events	Awards & Recognition
• Annual membership • Individual, Staff, & School Rates • Membership to the NHSBCA & access to NHSBCA resources • Hoop Report & Member Events • State-wide comraderie & networking	• Summer Hoops Festival • Hall of Fame • Fall Clinic • Local Showcase Events • On-Court Seminars	• Coach of the Year • Mr. & Miss NY Baksetball • Leadership, Service & Dedication • Milestone Victories • Best of BCANY, Academic All-State, & Scholar Athlete • Local/Section Awards & Recognitions

Interested in becoming more involved in BCANY events & activities?

Contact your local BCANY representative and/or
 Chris Russo – crusso@k12mcsd.net
 Larry Jones – ljones@depewschools.org
 Dave Archer – bcanyinfo@gmail.com



Meet our Speakers:

Colleen Ames, SUNY Cortland WBB



Coach Colleen Ames has led SUNY Cortland to a 66-17 record, a SUNYAC championship, two NCAA Division III Tournament appearances, and a share of the 2026 SUNYAC regular-season title in her first three seasons. A former Skyline Conference Coach of the Year at Mount Saint Mary College, Ames surpassed 100 career coaching victories in 2024-25 and has quickly emerged as one of Division III women's basketball's rising stars.

Maurice Kearney, SUNY Cortland MBB



Coach Maurice Kearney has guided SUNY Cortland to a 56-29 record, back-to-back SUNYAC championships, and two NCAA Division III Tournaments in his first three seasons as head coach. In 2025-26, he led the Red Dragons to a record-tying 24 wins, SUNYAC regular-season and tournament title, and a trip to the NCAA Tournament second round, earning him Coach of the Year honors from BCANY, NABC District 3, and D3hoops.com Region 3 Coach.

Ben Drake, Jamestown HS



Coach Ben Drake has compiled a 425-131 record during 25 seasons at Jamestown High School. He led the Red Raiders to 17 league championships, 7 Section VI titles, 3 Far West Regional championships, and 3 NYSPHSAA Final Fours. He is a 2026 inductee into the New York State Basketball Hall of Fame, his impact on high school basketball extends far beyond his remarkable record.

Matt Langel, Colgate University MBB



Coach Matt Langel has built Colgate University into one of the premier mid-major programs in the country, becoming the winningest coach in school history. He has guided Colgate through the most successful era in program history with five Patriot League Championships, five NCAA Tournament appearances, and five Patriot League Coach of the Year honors. He has set the standard for sustained excellence in the Patriot League.

Ryan Pettit, Columbia Prep HS



Coach Ryan Pettit has built Columbia Prep into one of New York City's most successful independent school programs, leading the Lions to 20 NYCAL regular and post-season championships, a New York Independent School State Championship, and more than 200 varsity victories. He is a 2x NYSAIS Coach of the Year, and compiled a 24-1 record in 2025-26 averaging nearly 90ppg. He is widely respected for his work in player development and program culture.

Jon Connelly, Westhill HS



Coach Jon Connelly has built a culture of excellence producing sustained success at both the sectional and state levels. He led the Wolf Pack to four consecutive Section III Championships and the 2026 NYSPHSAA Class A State Championship. His 2025-26 squad finished 26-0 season and was the 2026 BCANY Class A and ALL-CNY Large School Coach of the Year, also coached the Central boys to a Summer Hoops Fest Championship this past August.

Matt Jones, HOOPs STRENGTH

Matt Jones is the founder of Hoops Strength and a widely respected basketball trainer with over two decades of experience. He is a Hall of Fame player at St. John Fisher and has worked with athletes from youth to the NBA. shares his innovative training methods, emphasizing biomechanics, skill development, and performance optimization to help coaches elevate their athletes and programs.

Ty Carver, Mamaroneck HS

Coach Carver led the Tigers to their first-ever Section I championship and a berth in the 2026 NYSPHSAA Class AAA Final Four. A four-time Section I Coach of the Year and the 2026 Class AAA BCANY Boys Coach of the Year, he has spent more than two decades building one of the region's strongest, earning widespread respect for his leadership, player development, and commitment.

Mike Curtis, Chenango Forks

Coach Mike Curtis has led the Blue Devils to three consecutive Section IV championships, back-to-back NYSPHSAA Final Four appearances, and the 2026 NYSPHSAA Class B State Championship Game. A recipient of the 2026 BCANY Class B Coach of the Year award, Curtis has built a program defined by excellence, culture, and consistent postseason success.

Riley Chevrier, Tappan Zee HS

Coach Riley Chevrier has led the Dutchmen to several Section I championships, regional titles, and the 2026 NYSPHSAA Class A State Championship. A recipient of the 2026 BCANY Class A Coach of the Year award and a former Section I Coach of the Year, Chevrier is widely respected for her leadership and commitment to building a championship culture.

Sierra Beaver, Frewsburg HS Girls

Coach Sierra Beaver led the Bears to back-to-back NYSPHSAA Class C State Championships in 2025 and 2026 and 3 straight Final Four appearances. She is a 2x BCANY Class C Girls Coach of the Year and has been recognized for her leadership and player development. Sierra has built Frewsburg into a strong program marked by resilience, unity, and championship-level execution.

Basketball Coaches Association

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Thank you to our clinic
sponsors and vendors!
Please stop by their
tables for more
information
and see how they can
help your program.



SPECIAL THANKS TO...

SUNY Cortland
SUNY Cortland Men's and Women's Basketball Programs
BCANY Fall Clinic Committee and Volunteers
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Clinic Vendors & Sponsors

Please take a moment to complete our survey.





