

## 44<sup>th</sup> Annual BCANY Fall Clinic Schedule

Thursday – 9/25/2025		
Time	Presenter	Topic
6:00pm	Registration	
6:30-7:15pm	<b>Colleen Ames &amp; SUNY Cortland Women's Basketball</b>	Cortland WBB Pre-season Practice
7:20-8:05pm	<b>Maurice Kearney &amp; SUNY Cortland Men's Basketball</b>	Cortland MBB Pre-season Practice
8:10-8:55pm	<b>Alyssa Polosky</b> SUNY Geneseo Women's Basketball	Drills to Work on the Details – Enhancing Fundamentals at the Highest Level
9:00-10:00pm	<b>Coaches' Social and Vendor Meet &amp; Greet – Cortland Alumni House</b> Sponsored by VerticalRaise	

Friday – 9/26/2025		
Time	Presenter	Topic
9:00am	<b>Registration / Continental Breakfast</b>	
9:30-10:15am	<b>Jon Jaques</b> Cornell University Men's Basketball	½-Court Offense Concepts – Pacing, Spacing, and Cutting
10:15-10:20am	<b>Vendor Presentation – VerticalRaise</b>	
10:20-11:05am	<b>Mike MacDonald</b> Daemen College Men's Basketball	Practice Drills That Work
11:05-11:10am	<b>Vendor Presentation – Jon Stote, GOAT Basketball</b>	
11:10-11:30am	<b>Break / Vendor Walk (your chance to connect w/ our vendors)</b> Light Refreshments available	
11:30am-12:00pm	<b>“Quick Hitters” – Breakout Session 1</b> (See next page for speakers/topics)	
12:05-12:35pm	<b>“Quick Hitters” – Breakout Session 2</b> (See next page for speakers/topics)	
12:40-12:45pm	<b>Vendor Presentation – Harrison Hefe, Snap!Raise</b>	
12:45-1:30pm	<b>Matt Jones</b> HOOPs STRENGTH	On-Court Conditioning & Player Development

## Quick Hitters

Session	Time	Location #1 Main Court	Location #2 HOF Room	Location #3 Room 1101
# 1	11:30am- 12:00pm	<b>Serge Clement – LeMoyne MBB</b>  “Defense: Closeouts, Warm-up Drills, and More”	<b>Jim O’Brien Warwick HS Girls</b> BCANY Class AA COY  “Disrupting Offense Through Defensive Changes”	<b>Duncan Paddick Binghamton HS Boys</b> BCANY Class AA COY  “Championship Culture”
# 2	12:05- 12:35pm	<b>Kevin Clifford Roberts Wesleyan WBB</b>  “Team Ball Handling & Competitive Shooting Drills”	<b>Adam Bennett Salamanca HS Boys</b> Section VI Class B COY  “Quick Hitters vs Man-to-Man & 2-3 Zone”	<b>Sierra Beaver Frewsburg HS Girls</b> BCANY Class C COY  “Transition Offense and Drills”



# THE GOAT.



## Meet our Speakers:

### Colleen Ames, SUNY Cortland WBB



In her first two seasons at SUNY Cortland, Coach Ames has led the Red Dragons to a 43–12 record, a SUNYAC championship, and an NCAA Division III playoff. A former Skyline Conference Coach of the Year, she previously guided Mount Saint Mary College to multiple conference titles and deep postseason runs. Coach Ames recently surpassed 100 career coaching victories and continues to be a rising star in collegiate basketball

### Maurice Kearney, SUNY Cortland MBB



Maurice Kearney is a proud alumnus of the program, where he played in 82 games and served as a two-time captain. Since taking over as head coach, he has led the Red Dragons to a Conference Championship and an NCAA Division III playoff berth. Recognized for his leadership, recruiting success, and deep ties to the Cortland community, Kearney continues to shape a winning culture both on and off the court.

### Alyssa Polosky, SUNY Geneseo WBB



Now in her 7<sup>th</sup> season at Geneseo, she has led the program to over 100 wins, four NCAA Tournament appearances (Sweet 16 in 2025), SUNYAC and Empire 8 titles, and Coach of the Year honors. She has mentored numerous All-Conference and All-American athletes and guided the Knights to consistent postseason success. She capped off her playing career in 2011 with All-American and All-SUNYAC honors, along with a Geneseo record 106 blocked shots.

### Jon Jaques, Cornell University MBB



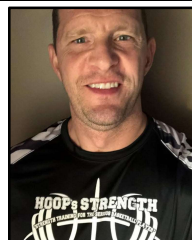
Coach Jaques was named Head Coach in 2024 after serving 2 seasons at the Associate Head Coach, and 9 as an assistant. He has engineered one of the Ivy League's most efficient offenses, while leading his team to a record 18 wins in his debut season. As a captain of the Big Red's 2010 team, which made a run to the NCAA Sweet Sixteen. Jaques has guided Cornell to national recognition and postseason success while shaping the next generation of student-athletes.

### Mike MacDonald, Daemen College MBB



With over 35 years of experience, Coach MacDonald has made Daemen into a Div. II powerhouse, earning multiple NCAA Tournament berths, an East Region Championship, and an undefeated regular season ('24–'25). He was the ECC Coach of the Year, BCANY D2 Coach of the Year, and the Clarence Gaines National Coach of the Year. Coach is celebrated for his winning legacy, commitment to BCANY, and impact on the Western NY basketball community.

### Matt Jones, HOOPS STRENGTH



Matt Jones is the founder of Hoops Strength and a widely respected basketball trainer with over two decades of experience. He is a Hall of Fame player at St. John Fisher and has worked with athletes from youth to the NBA. At coaching clinics, Jones shares his cutting-edge training methods, emphasizing biomechanics, skill development, and performance optimization to help coaches elevate their athletes and programs.

**Serge Clement, LeMoyne College MBB**

An assistant coach at Le Moyne College, Serge has over 15 years of collegiate coaching experience and a reputation for player development and defensive strategy. Before coming to LeMoyne, he led a defensive transformation at George Mason University, helping them to an A-10 Championship 27 wins. Clement has also contributed to successful seasons at Hofstra, Marist, and Saint Peter's, and is recognized as one of the top mid-major assistant coaches in the country

**Jim O'Brien, Warwick HS Girls**

Jim has built a respected and competitive program over more than two decades. Known for his intensity, leadership, and commitment to teamwork and sportsmanship, he has guided the Lady Wildcats to consistent success in Section 9 play. O'Brien led Warwick to a State Final in 2025 and was named the BCANY Class AA Girls HS Coach of the Year.

**Duncan Paddick, Binghamton HS Boys**

Under his leadership, Binghamton finished the 2024–25 season with a 20–3 record and a thrilling double-overtime victory in the state final, giving them their first State Championship in 39 years. A former STAC East All-Star and Liberty League Scholar-Athlete, Paddick is noted for his strategic preparation, defensive intensity, and ability to inspire his players to embrace big moments. He was named the 2025 BCANY Class AA Boys HS Coach of the Year.

**Kevin Clifford, Roberts Wesleyan WBB**

Coach Clifford has led the Redhawks to historic success since taking over in 2018 - the program won its first East Coast Conference Championship and reached the NCAA Division II Sweet 16. He has over 125 career wins with previous coaching stops at Buffalo State, Mount St. Vincent, and CCNY. Clifford has been recognized for building winning cultures and mentoring student athletes both on and off the court.

**Adam Bennett, Salamanca HS Boys**

Adam has led the Warriors to unprecedented success, including multiple Section VI titles and two trips to the NYSPHSAA Final Four. Known for his passionate coaching style and deep connection to his players, Bennett has helped transform Salamanca into a championship-caliber program. He was named the 2025 Class B Section VI Coach of the Year.

**Sierra Beaver, Frewsburg HS Girls**

Coach Beaver led the Lady Bears to their first-ever New York State Class C championship in 2025 and was named the BCANY Class C Girls Coach of the Year. She guided her team through one of the toughest divisions in the state, defeating multiple higher-class opponents and earning four straight double-digit playoff wins. Sierra has built Frewsburg into a strong program marked by resilience, unity, and championship-level execution.